



MEDIA RELEASE

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NOVA Awarded \$25,000 Grant from Norman Raab Foundation

Grant funds will be used to update programs for adults with autism and intellectual/developmental disabilities

BUCKS COUNTY, PA – NOVA, the leading non-profit organization in Bucks County supporting victims of serious crimes, was awarded a \$25,000 grant from the Norman Raab Foundation. The grant will be used to update NOVA's Personal Empowerment Program (PEP) for adults with autism spectrum disorders (ASD) or intellectual/developmental disabilities (IDD).

The PEP program was introduced in 1993 to teach individuals with cognitive and developmental challenges, who may be more vulnerable to interpersonal violence, the skills needed to stay safe in potentially dangerous situations. This grant will give NOVA the means to implement a modern version of PEP for use in either small group or one-on-one settings. The topics covered in PEP include healthy relationships, responsible

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personal behavior, boundaries, friendships, attraction and dating, affirmative consent, sexual harassment, cyber-safety, and self-advocacy.

“Our long-term vision is to have a specialized, evidenced-based curriculum available to help adults with developmental differences thrive as they positively navigate personal, social, and workplace interaction and lead meaningful lives,” said Mary Worthington, Director of Prevention Education and Training, NOVA. “The grant from the Norman Raab Foundation will allow us to educate more adults with cognitive and developmental challenges, but to do so in a way that reflects current methodologies.”

The Norman Raab Foundation was founded in 1968 by Norman Raab, a business leader in the garment industry, to promote active philanthropic giving by his descendants. The foundation supports organizations focused on education, health and research, and community-based human services. To learn more, visit:

<https://www.raabfoundation.org>.

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About NOVA

NOVA supports, counsels and empowers victims of sexual assault and other serious crimes in Bucks County and works to prevent and eliminate violence in society through

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advocacy, training, community education and prevention programs. Founded in 1974, NOVA is a non-profit 501(c)(3), community-based organization operating out of three offices in Fairless Hills, Jamison and Perkasié. Services are made possible through the financial support of federal, state and local government grants and contracts, corporations, foundations and private donations. All contributions are tax deductible to the extent provided by law. For more information, visit www.NOVABucks.org.