

MEDIA RELEASE

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NOVA RECIEVES \$25,000 GRANT FROM RAAB FOUNATION FOR UPSTANDERS UNITE PROGRAM

Upstander Unite Encourages Mutual Respect & Positive Peer Support

(BUCKS COUNTY, Pa.) NO VA recently received a \$25,000 grant from the Norman Raab Foundation (www.raab foundation.org). This grant will be used for the Upstanders Unite Program for elementary school students and will enable NO VA to schedule and present the program, as well as conduct evaluations and follow-ups in multiple school districts in Bucks County.

Upstanders are individuals who, when they see bullying behavior, take steps to safely offer help. The Upstanders Unite Program, designed for 4th grade students, is a multisession primary prevention model that provides deeper learning about mutual respect, builds self-confidence and promotes collective Upstander behavior.

"We are thrilled to receive a grant from the Norman Raab Foundation to support our Upstanders Unite Program," said Alyssa Davis, Primary Prevention Coordinator for Pre-K,
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MEDIA RELEASE

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Elementary & Middle School at NOVA. "This grant will allow us to present 41 Upstanders Unite programs to approximately 1,066 4th grade students throughout Bucks County."

The Upstanders Unite program is important for children in the 4th grade because as they move into their teen years, peers become more influential, social standing more valued and bullying situations increase. Students of this age struggle for ways to handle situations where classmates are "picked on" and require increased guidance and opportunity to explore feelings and actions when it comes to bullying. Upstanders Unite aims to provide assistance and tools to help students handle bullying in a way that promotes mutual respect and positive behavior.

"The Norman Raab Foundation is pleased to support NOVA in equipping students with the skills and confidence to stand up for themselves and others," said Sara Raab McInerny, Executive Director. "We are continually impressed with NOVA's thoughtful design of school-based programs. Upstander's Unite brings NOVA's expertise into the classroom to serve students at a critical point in their development, and help students build their resilience as compassionate community members."

About NOVA

NOVA supports, counsels and empowers victims of sexual assault and other serious crimes in Bucks County and works to prevent and eliminate violence in society through
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MEDIA RELEASE

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advocacy, training, community education and prevention programs. Founded in 1974, NOVA is a non-profit 501(c)(3), community-based organization operating out of three offices in Fairless Hills, Jamison and Perkasie. Services are made possible through the financial support of federal, state and local government grants and contracts, corporations, foundations and private donations. All contributions are tax deductible to the extent provided by law. For more information, visit www.NOVABucks.org.

About The Norman Raab Foundation

The Norman Raab Foundation was founded in 1968 by businessperson Norman Raab to promote active philanthropic giving by his descendants. The foundation supports organizations focused on education, health and research, and community-based human services. To learn more, visit: https://www.raab foundation.org.

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Editor's Note: Interviews are available with NOVA and Norman Raab Foundation staff. To schedule an interview, please contact Debbie Goetz at <u>dgoetz@dgmediaconnections.com</u> or 215-630-5408.

Image and caption courtesy of NOVA: 20230822_170841901_iOS.jpg-- Alyssa Davis (Left), Primary Prevention Coordinator for Pre-K, Elementary & Middle School, NOVA and Mary Worthington (Right), Director of Prevention and Training, NOVA, pose with the Upstander sign as a way to remind everyone to be an Upstander and encourage mutual respect in others.

